

**Travail de fin d'études[BR]- Travail de fin d'études: Quand l'horreur devient supportable : étude sur la consommation et l'impact du visionnage de contenus d'extrême violence sur Internet."[BR]- Séminaire d'accompagnement à l'écriture**

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# Questionnaire on the consumption habits of extremely violent contents online

The purpose of this questionnaire is to assess your consumption of extreme violence on the Internet, and the potential risks of such consumption.

It consists of 35 questions, and is estimated to take less than 10 minutes to complete.

Please answer the questions as truthfully as possible.

This questionnaire is completely anonymous and confidential.

No personally identifiable information will be collected.

You are free to stop the questionnaire at any time.

By participating, you consent to the analysis of your responses for academic research purposes.

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\* Indique une question obligatoire

## General questions

### 1. Age \*

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### 2. Sex \*

*Une seule réponse possible.*

☐ Men

☐ Woman

☐ I don't wish to specify

### 3. Profession \*

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**4. Nationality \***

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**Part 1: Viewing habits**

Several answers are possible.

**5. 1. On which sites do you watch extreme violence contents ? \***

*Plusieurs réponses possibles.*

- ☐ Gore website (watchpeopledie, theync, gorecenter, kaotic...)
- ☐ Reddit
- ☐ Télégram
- ☐ Discord
- ☐ Twitter
- ☐ Autre : 

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**6. 2. Which content do you watch on these sites? \***

*Plusieurs réponses possibles.*

- ☐ Crimes against persons (execution, torture, terrorist attack...)
- ☐ Crimes of a sexual nature (rape, sexual torture, etc.)
- ☐ Suicides
- ☐ Accidents (road accidents, workplace accidents, etc.)
- ☐ Crimes against animals
- ☐ Crimes against children
- ☐ Autre : 

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**7. 3. Is there any content you forbid yourself to watch? \***

*Une seule réponse possible.*

- ☐ Yes
- ☐ No

**8. If so, which ones?**

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**9. 4. How often do you watch extrem violent content? \****Une seule réponse possible.*

- ☐ Every day
- ☐ Several times a week
- ☐ Several times a month
- ☐ Less than once a month

**10. 5. For each viewing session, how much time do you estimate you spend watching this content? \****Une seule réponse possible.*

- ☐ Less than an hour
- ☐ Between one and two hours
- ☐ Between two and four hours
- ☐ More than four hours

**11. 6. What motivates you to visit these sites? \****Plusieurs réponses possibles.*

- ☐ Boredom
- ☐ Morbid curiosity
- ☐ Becoming stronger in face of violent images
- ☐ Sexual arousal
- ☐ Physiological arousal (fear, adrenalin, stress...)
- ☐ For fun and entertainment
- ☐ Sadistic pleasure (seeing the suffering of others)
- ☐ Autre : 

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12. **7. Are your family and friends aware of this practice? \***

*Une seule réponse possible.*

☐ Yes

☐ No

13. **8. Do you feel ashamed of viewing extreme violence? \***

*Une seule réponse possible.*

☐ Yes

☐ No

14. **9. Do you have other occupations? \***

*Une seule réponse possible.*

☐ Yes

☐ No

15. **If so, which ones ?**

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16. **10. Do you have any addictions? \***

*Une seule réponse possible.*

☐ Yes

☐ No

17. **If so, which ones ?**

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**Part 2 : Risk issues**

For each statement, please indicate to what extent you agree or disagree:

1. Totally agree 2. Somewhat agree 3. Not very agree 4. Strongly disagree

18. **11. I can't resist watching extreme violence.** \*

*Une seule réponse possible.*

1 2 3 4

Tota ☐ ☐ ☐ ☐ Strongly disagree

19. **12. I experience relief and/or pleasure while viewing extremely violent contents.** \*

*Une seule réponse possible.*

1 2 3 4

Tota ☐ ☐ ☐ ☐ Strongly disagree

20. **13. I feel like I'm losing control when I watch extreme violence.** \*

*Une seule réponse possible.*

1 2 3 4

Tota ☐ ☐ ☐ ☐ Strongly disagree

21. **14. Watching extreme violence contents is a thought that often comes to mind.** \*

*Une seule réponse possible.*

1 2 3 4

Tota ☐ ☐ ☐ ☐ Strongly disagree

22. **15. I watch more extreme violence contents than when I started. \***

*Une seule réponse possible.*

1   2   3   4

Total ☐ ☐ ☐ ☐ Strongly disagree

23. **16. When I watch extreme violence contents, I can't limit myself to what I had decided to watch in the first place. \***

*Une seule réponse possible.*

1   2   3   4

Total ☐ ☐ ☐ ☐ Strongly disagree

24. **17. I have tried to reduce, control or stop viewing extreme violence contents, without success. \***

*Une seule réponse possible.*

1   2   3   4

Total ☐ ☐ ☐ ☐ Strongly disagree

25. **18. Viewing extremely violent contents prevents me to achieve my professional, academic, family or social obligations. \***

*Une seule réponse possible.*

1   2   3   4

Total ☐ ☐ ☐ ☐ Strongly disagree

26. **19. I feel the need to watch more and more extreme violence contents. \***

*Une seule réponse possible.*

1   2   3   4

Tota ☐ ☐ ☐ ☐ Strongly disagree

27. **20. I get agitated, irritable, depressed or anxious when I can't watch extremely violent contents. \***

*Une seule réponse possible.*

1   2   3   4

Tota ☐ ☐ ☐ ☐ Strongly disagree

28. **21. Images of graphic violence (blood, dismemberment, torture) seem to me less shocking/disgusting than in the past. \***

*Une seule réponse possible.*

1   2   3   4

Tota ☐ ☐ ☐ ☐ Strongly disagree

29. **22. Now, I can bear certain scenes that used to disgust me. \***

*Une seule réponse possible.*

1   2   3   4

Tota ☐ ☐ ☐ ☐ Strongly disagree



30. **23. Even in face of extreme images (executions, serious injuries, massacres), I can continue to eat or carry out another task without being disturbed.** \*

*Une seule réponse possible.*

1   2   3   4

Tota ☐ ☐ ☐ ☐ Strongly disagree

31. **24. I feel less sadness or pity when I see people suffering in extreme videos.** \*

*Une seule réponse possible.*

1   2   3   4

Tota ☐ ☐ ☐ ☐ Strongly disagree

32. **25. At times, I forget that people I see in extreme videos are suffering.** \*

*Une seule réponse possible.*

1   2   3   4

Tota ☐ ☐ ☐ ☐ Strongly disagree

33. **26. In real life, I feel more and more detached from the emotions people feel.** \*

*Une seule réponse possible.*

1   2   3   4

Tota ☐ ☐ ☐ ☐ Strongly disagree

34. **27. Sometimes I have thoughts related to the content I'm viewing, which impose themselves on me or which I can't control.** \*

*Une seule réponse possible.*

1   2   3   4

Total ☐ ☐ ☐ ☐ Strongly disagree

35. **28. Since I've been watching extreme violent contents, I find it harder to stay focused on certain tasks (study, work, conversation...).** \*

*Une seule réponse possible.*

1   2   3   4

Total ☐ ☐ ☐ ☐ Strongly disagree

36. **29. Since I've been watching extreme violence contents, I've been having more nightmares than before.** \*

*Une seule réponse possible.*

1   2   3   4

Total ☐ ☐ ☐ ☐ Strongly disagree

37. **30. Since I've been watching extreme violence, I've had more insomnia than before.** \*

*Une seule réponse possible.*

1   2   3   4

Total ☐ ☐ ☐ ☐ Strongly disagree

38. **31. Since I've been watching extreme violence, I'm more anxious about being attacked or in danger.** \*

*Une seule réponse possible.*

1 2 3 4

Total ☐ ☐ ☐ ☐ Strongly disagree

39. **32. Since I've been watching extreme violence contents, I tend to avoid certain places or situations for fear of danger.** \*

*Une seule réponse possible.*

1 2 3 4

Total ☐ ☐ ☐ ☐ Strongly disagree

40. **33. More I watch extremely violent contents, more I want to commit some of the acts I've seen.** \*

*Une seule réponse possible.*

1 2 3 4

Total ☐ ☐ ☐ ☐ Strongly disagree

41. **34. Watching extreme violence contents made me realize that law is sometimes an unjust brake on certain natural impulses.** \*

*Une seule réponse possible.*

1 2 3 4

Total ☐ ☐ ☐ ☐ Strongly disagree

42. **35. Watching extreme violence contents made me realize that violence is sometimes necessary to punish someone.** \*

*Une seule réponse possible.*

1   2   3   4

Tota ☐ ☐ ☐ ☐ Strongly disagree

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