

**Master thesis : "The health-related challenges Brazilian women employed in the cleaning sector in Brussels face, and their health-seeking strategies"**

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## Appendix I: Biographical presentation of the interviewees, in their order of appearance

Interviewee	Date of Interview	Description
<b>Tereza</b>	15/06/2025 <i>Online</i>	A 60-year-old Brazilian woman who has lived in Belgium for the last 21 years. She has been working in the cleaning sector since she arrived. Before coming to Europe, she worked at the office of an important transportation company in her region. She obtained her documents following the 2009 amnesty for undocumented migrants, and since then, she has worked through the voucher system.
<b>Catarina</b>	16/06/2025 <i>Online</i>	The 39-year-old holds a degree in Geography, but started working as a cleaner after moving to Belgium. She migrated with her daughter 7 years ago, following her husband, who migrated upfront. They arrived undocumented, but are attempting to regularize their situation with Portuguese documents.
<b>Rachel</b>	09/06/2025 <i>Online</i>	The 32-year-old has been living in Belgium for six years. Since migrating with her husband and daughter (and joining other family members who lived in the country), she has worked as a cleaning lady. She recently had a baby and followed the perinatal care in Belgium.
<b>Rafaela</b>	18/05/2025 <i>In person</i>	A 27-year-old cleaning lady who has lived in Belgium for two years. She does not have documents, but is expecting to obtain regularization through Portugal. She migrated alone, though she has acquaintances in Brussels who supported her.
<b>Sofia</b>	14/05/2025 <i>Online</i>	A 46-year-old pharmacy technician who has lived in Belgium for about a year and a half. She migrated with her husband and her son (both Portuguese citizens). Her documentation is pending, though she is entitled to it through family reunification with an EU citizen. She works in the cleaning sector as she lacks language skills and the recognition of her diploma to search for a better job.
<b>Luzia</b>	12/06/2025 <i>In person</i>	The 51-year-old Brazilian service voucher worker has lived in Belgium for the past 21 years. She migrated after her sister. She obtained her documents following the 2009 amnesty for undocumented migrants.
<b>Joana</b>	29/05/2025 <i>In person</i>	A 24-year-old who migrated with her Belgian-Brazilian husband. Her documentation is temporary, though she is attempting to obtain a 5-year residence permit through marriage to a Belgian citizen. Since arriving in Belgium almost 2 years ago, she has worked as a babysitter and cleaning lady. At the time of the interview, she was unable to work due to her high-risk pregnancy.
<b>Ana</b>	29/05/2025 <i>In person</i>	She has been living in Belgium for 6 years with her husband and children. She has always worked informally in the cleaning sector, and does not have documents, but seeks regularization through her husband, who obtained a working permit in Portugal.

<b>Rosa</b>	15/06/2025 <i>Online</i>	At 62 years old, Rosa is one of the most experienced in migration matters. Before migrating to Belgium, she already had experience in the United States. After her husband acquired European documents, she moved from the US to Belgium 15 years ago. She works as a service voucher cleaner.
<b>Bárbara</b>	01/06/2025 <i>Online</i>	She has lived in Belgium for 28 years, the longest length in the sample. Though her main occupation, at the time of the interview, was as a museum worker, she has taken the role of an <i>Ad Hoc</i> interpreter several times to aid members of the Brazilian community in healthcare-related contexts. Her long experience in the country has helped her
<b>Margarida</b>	11/06/2025 <i>Online</i>	The 58-year-old works informally in the cleaning sector. This has been her occupation since she arrived in Belgium 17 years ago. Despite attempting regularization twice, both her requests were denied. Her dream is to work in the healthcare sector, as she used to be a nursing technician in Brazil.
<b>Fátima</b>	18/05/2025 <i>In person</i>	A 43-year-old cleaning lady who has lived in Belgium for 13 years. She is married to a Spanish citizen, with whom she has a daughter. She has documents and works as a cleaner through an agency.
<b>Rita</b>	09/06/2025 <i>Online</i>	At 47 years old, she has been living in Belgium for three years with her husband and children. She used to work as a Human Resource Manager in Brazil, but after being laid off, she decided to migrate to Belgium. She has documents and intends to leave the cleaning sector when she receives an opportunity
<b>Cecília</b>	26/05/2025 <i>Online</i>	A 23-year-old bachelor of law who migrated to Belgium following her husband. She does not have documents, and since moving to Belgium a year and 6 months ago, she has been working informally in the cleaning sector. At the time of the interviews, she was expecting her first child.
<b>Esther</b>	24/05/2025 <i>Online</i>	A 46-year-old accountant who migrated to Belgium a year ago, following her husband, intending to attain financial stability. She does not have documents and works informally in the cleaning sector as she lacks the diploma recognition and language skills necessary to work in her field.
<b>Mônica</b>	13/06/2025 <i>Online</i>	After coming to Belgium to pursue her higher education, she settled in the country. Since the beginning of her journey, she has been involved in voluntary projects to address this community's demands. She is currently the leader of a group dedicated to Brazilian women in Belgium.
<b>Clara</b>	15/06/2025 <i>Online</i>	The 59-year-old has lived in Belgium for 12 years and has always worked in cleaning; however, she intends to leave the sector and become a masseuse. She is undocumented and employed in the informal sector. She is currently attempting regularization through Portugal.